



For Boys

Saturday, April 13, 2019

Entries due on nj.milesplit by April 8, 2019. Payment can be received after that date.

School: _____ Coach: _____

Coach Cell #: _____ Coach e-mail: _____

Athletic Director: _____ AD e-mail: _____

School Size: Group 1	Group 2	Group 3	Group 4	NP A	NP B
Out-of-New Jersey Schools: Total enrollment _____					

Entry Fees:

_____ \$350 Team Fee

OR

_____ Individual entries @ \$15 per athlete (less than a full team entry;

i.e. 4 athletes in 4X800=\$60)

Total: \$ _____

Make Checks Payable to: Moorestown Boys Spring Track Fund

Mail Checks and Forms to: Shawn Counard, Athletic Director
Moorestown HS
350 Bridgeboro Road
Moorestown NJ 08057

Events (one team per relay; up to 3 athletes per team in 1500 and 5000)

- | | |
|--|---|
| _____ High School 5000M | _____ Shot Put Relay |
| _____ High School 1500M | _____ Discus Relay |
| _____ 2 X 400H | _____ Javelin Relay |
| _____ 4 X 110H | _____ High Jump Relay |
| _____ 4 X 100 | _____ Long Jump Relay |
| _____ 4 X 200 | _____ Triple Jump Relay |
| _____ 4 X 400 | _____ Pole Vault Relay |
| _____ 4 X 800 | _____ Throws Medley (Shot, Discus, Jav) |
| _____ Super Sprint Medley (100,100,200, 400) | |
| _____ Sprint Medley (200, 200, 400, 800) | |
| _____ Distance Medley (1200, 400, 800, 1600) | |



13th Moorestown Invitational Saturday, April 13, 2019

Enter the meet on nj.milesplit.com. Find it in the 2019 Outdoor Track Calendar

Highlights of the meet include:

- This meet is open to high school boys
- Varsity level competition in Large School and Small School Divisions
- Medals to Top 6 finishers in each Division
- Full Field Event Relay: Shot, Discus, Javelin, High Jump, Long Jump, Triple Jump, Pole Vault, Throws Medley (Shot, Discus, Javelin)
- Fast, All-Weather 6 lane track; 8 lane straightaway
- Fully Automatic Timing

Meet Director: Troy Pappas, coach@worldathlete.net, (609) 304-2902



Saturday, April 13, 2019

9:00am Start time

Order of Events 2 X 400H
5000M
4 x 200
4 X 800
4 X 110H
Sprint Medley (200, 200, 400, 800)
1500M
Leconey 400 Meter Relay (4x100)
4 X 400
Distance Medley (1200, 400, 800, 1600)
800M Super Sprint Medley (100, 100, 200, 400)

5000M will be one race.

1500M may be more than one heat based on the number of entrants.

In all track events, competition is by seeded performance, not school division. Awards will be given out by division (Large School and Small School). In the 2x400H, since athletes compete on seed time, it is possible that teammates will not compete in the same heat.

Field Schedule (approximate start time)

9:00a	Shot Put	Large School Division followed by Small School Division
9:00a	Discus	Small School Division followed by Large School Division
9:00a	Javelin	Small School Division followed by Large School Division
9:00a	High Jump	Small Schools and Large Schools combined
9:00a	Pole Vault	Small Schools and Large Schools combined
9:00a	Long Jump	Open Pit until 11:15 (or until all competitors have finished)
11:30a	Triple Jump	Open Pit until 1:45 (or until all competitors have finished)

NOTE: Throws Medley athletes compete during their part of medley (i.e. Shot Putters in Throws Medley compete during Shot Put Relay. Throws Medley tosses do not count toward another throwing relay and vice versa.

Awards

Medals will be awarded to the top 6 finishers in each division.



Team Championship has been discontinued

Team Divisions

Large School Division (NJ Group 3 & 4)

Small School Division (NJ Group 1 & 2, all other private schools)

Out of state schools and non-South Jersey private schools will be grouped into a division using the **2018-2019** NJSIAA Group Classification.

Pole Vault and High Jump:

Opening height in pole vault is 9'0". The bar will move up in 1' increments until 11'. After 11', the bar will move up in 6" increments.

Opening height in the high jump is 5'3". The bar will move up in 3" increments.

Please note: the relay partner can remain in the competition after his partner is eliminated only if both competitors have cleared the opening height. If one member of the relay has not cleared the opening height, then the partner is automatically eliminated.

Example 1: For High Jump Relay Team A, both jumpers pass at opening height of 5'3". Each Relay Team

A member clears 5'6". One member of Relay Team A clears 5'9" while his partner does not clear 5'9". The remaining member of Relay Team A can stay in the competition until he has 6 total misses or 3 misses at a height, whichever occurs first.

Example 2: For High Jump Relay Team B, both jumpers pass at opening height of 5'3". Each Relay Team B member also passes at 5'6" and 5'9". One member of Relay Team B clears 6'0" while his partner does not clear 6'0". The remaining member of Relay Team B cannot stay in the competition since his teammate did not clear the opening height.

Example 3: For Pole Vault Relay Team C, both vaulters pass at opening height of 9'. Each Relay Team C member clears 10'. One member of Relay Team C clears 11' while his partner does not clear 11'. The remaining member of Relay Team C can stay in the competition until he has 6 total misses or 3 misses at a height, whichever occurs first.

Example 4: For Pole Vault Relay Team D, both jumpers pass at opening height of 9'. Each Relay Team D member also pass at 10'. One member of Relay Team D clears 11' while his partner does not clear 11'. The remaining member of Relay Team D cannot stay in the competition since his teammate did not clear opening height

Meet Information:

1. Only 1 team per High School relay event for each school. 3 athletes per school in 1500M and 5000M.
2. ¼" spikes or less. Starting blocks are allowed. Please remove them after your event. *We strongly suggest labeling your blocks with the school name.*
3. In high school events, medals will be awarded in two divisions:

Large School is made up of Group 3 and 4
Small School is made up of Group 1 and 2, all other private schools
4. Track relays: Heats may have teams from both Large and Small division. This format will allow teams to compete against comparably seeded teams regardless of division. Medals will still be awarded by division.
5. Full concessions will be available for breakfast and lunch.
6. Maximum of 4 events per athlete.
7. Seeding based on performances submitted into nj.milesplit.com.
8. In the jumps and pole vault, ties will be broken using best jump.
9. It is the coach's and athlete's responsibility to schedule their time appropriately if competing in more than one event (track relays and jumps, for example).
10. Awards can be picked up by after event results are announced.
11. Meet results will be posted at www.nj.milesplit.com
12. Please clean up your area before you leave the meet. Thanks!